

**TOWN OF GRANBY  
YOUTH SERVICE BUREAU  
SENIOR CENTER/YOUTH SERVICES BUILDING  
Minutes  
September 10, 2014**

**PRESENT:** Donna Snyder, Chairman; AnneMarie Cox, Michael Garcia, Kerry Kielbasa, Laura Matheos, Michele Psutka, Daphne Shinder, Captain Tyler, Officer Vernale, Kat Volikas

**GUESTS:** Julianna Pestretto, Abby Shtekler, Sonya Srinath

Chairman Donna Snyder confirmed a quorum and began the meeting at 4:00 p.m.

**REVIEW AND APPROVAL OF LAST MEETING'S MINUTES**

**ON A MOTION BY** Michele Psutka, seconded by Donna Snyder, the Board voted (8-0-0) to accept the minutes of May 14, 2014 as written.

**GRANBY PREVENTION COUNCIL UPDATE:**

- Kerry Kielbasa gave a brief history of the YSB and GPC (Granby Prevention Council). Previously, the two had met as one group but a few years ago, the GPC began meeting separately in response to a large federal grant they had applied for. Unfortunately, they did not get the grant and there hasn't been much progress over the past year. At the last GPC meeting, there was a discussion about combining the groups again. Ms. Kielbasa approached the Town Manager for his approval and he is in agreement. The next month will be spent on how to structure the group and at some point, the by-laws will need to be updated. Ms. Cox explained that state-wide, there are standards each YSB needs to provide and one of them is prevention. As the lead prevention council, the YSB will focus on identifying problems unique to our community and how to address them.
- A zombie run is being planned for the spring. Ms. Cox is attending a meeting tonight and additional information will be forthcoming.

**YOUTH COUNSELOR REPORT:**

- AnneMarie Cox stated that registration is presently underway for three fall programs:
  1. WOW (Women on the Way) for high school girls meets on Thursday evenings.
  2. GO (Guys Only) for 6<sup>th</sup> and 7<sup>th</sup> grade boys meets on Friday evenings.
  3. GO for Girls will meet from 4:30 to 6:00 p.m. on Mondays and will begin at the end of September.
- A therapeutic yoga class to promote healthy body image will be offered to mothers and daughters. It will be an eight week session and is geared for girls in 5<sup>th</sup> grade through high school.
- Jody Shay, a practicum student from CCSU, starts her internship tomorrow.

- On Tuesday, October 21<sup>st</sup>, Scott Driscoll will provide a presentation on internet safety at the middle school. It is open to parents and adults in the community. Time to be announced.
- AnneMarie Cox is a certified QPR (Question Persuade React) facilitator. The presentation is approximately 30 minutes in length and its purpose is to help people identify the signs that someone is struggling and/or suicidal. The presentation will include what questions to ask and the only responsibility is to refer for help. She is presenting to the CERT team in November.

### **YOUTH ACTION COUNCIL:**

- YAC held a retreat at Camp Jewell this weekend. They were asked to pick three community service projects for the upcoming year for all grade levels:
  1. Initiate a peer helping program at the high school. Training will be offered to YAC members and anyone else who is interested.
  2. Run a station during field day for Kelly Lane and Wells Road schools.
  3. Assist students with transition from middle school to high school during the summer.

### **OLD BUSINESS**

- Michael Garcia stated the Y's Togetherhood volunteer program is going very well. It consists of approximately 10 to 12 individuals who meet on a monthly basis to explore volunteer opportunities in the area. Some of those who participate are Y members and some aren't. At this point, Y staff are beginning to step back.
- AnneMarie Cox would like to bring Wayne from the State Narcotics Task Force back. Some of the things he discusses are the current drug threats in the state, what parents should look for, current trends and deaths related to drugs and alcohol, etc.

### **NEW BUSINESS**

- Donna Snyder announced she is resigning from the board.
- There are many members whose appointments expire in October. Please let Ms. Kielbasa know if you are no longer interested in serving on the board.

The next scheduled meeting is Wednesday, October 8, 2014 at 4:00 p.m. The meeting may be cancelled depending on how much progress is made regarding restructuring the board.

### **ADJOURNMENT**

**ON A MOTION BY** Michael Garcia, seconded by AnneMarie Cox, the bureau voted (8-0-0) to adjourn at 5:03 p.m.

Respectfully submitted,

Kathy Kane  
Recording Secretary